



JSPM's
Imperial College of Engineering and Research, Wagholi, Pune.
(Approved by AICTE, Delhi & Govt. of Maharashtra, affiliated to Savitribai Phule Pune University)
 Gat.No.720,Pune-Nagar road,Wagholi,Pune,412207
 Phone No. 020-67335102 website: www.icoer.in Email- principal.imperial2016@gmail.com
CIVIL ENGINEERING DEPARTMENT

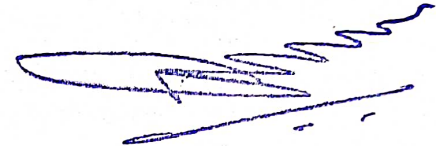


18/6/2022

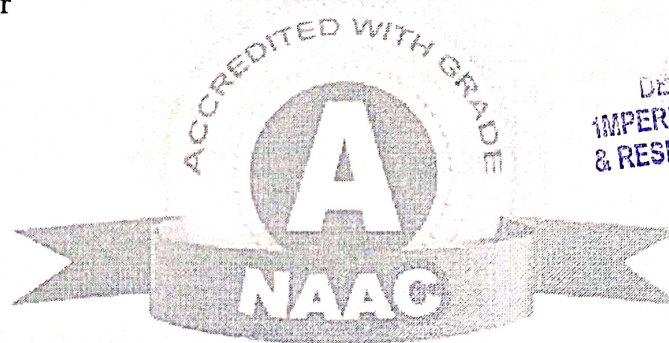
NOTICE

All the Students are hereby informed that **Yoga Online Day Celebration** is organized by Civil Engineering Department of JSPM's ICOER on Date: 21/6/2022. It's requested to you to attend the event online & make it grand Success.


 CESA Coordinator



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 DEPT. OF CIVIL ENGINEERING
 IMPERIAL COLLEGE OF ENGINEERING
 & RESEARCH WAGHOLI PUNE- 412207



National Assessment & Accreditation Council



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DEPARTMENT OF CIVIL ENGINEERING

Ref No. JSPM/ICOER/Civil/Admin/21-22/



Date: 21/06/2021

EVENT REPORT

1	Name of the Event	Yoga day Online Celebration
2	Day & Date of the Event	Monday 21 st June 2021
3	Time of the Event	7:20am to 8.30 am
4	Venue of the Event	Online on Zoom Platform

Sr No	Objective	Expected Outcomes
1	To make awareness about 'Yoga Day which is 'Yoga for Well-Being' and how the practice of Yoga can promote the holistic health of every individual'	Students to participate & gain knowledge about Yoga and its benefits to health.
2	To have interaction and bonding between the students and teacher.	Students & Faculties from various department to attend & enjoy the event
3	To develop learning environment in the department by the students to the students.	To create awareness about meditation.

- 5 **Description:**
Yoga day Celebration was organized by Civil Engg Department, ICOER, Wagholi through zoom platform on 21st June 2021.

(a) Introduction, Theme & Significance:

Introduction: The International Day of Yoga has been celebrated annually on 21 June since 2015, following its inception in the United Nations General Assembly in 2014, Yoga is a physical, mental and spiritual practice which originated in India. The Indian Prime Minister, Narendra Modi, in his UN address in 2014, had suggested the date of 21st June, as it is the longest day of the year in the Northern Hemisphere and shares a special significance in many parts of the world

Significance:

The main purpose behind organizing this event was student to aware students about benefits of meditation. In fact as per prime minister Narendra Modi, "Yoga is an invaluable gift of India's ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfillment; harmony between man and nature; a holistic approach to health and well-being. It is not about exercise but to discover the sense of oneness with yourself, the world



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and the nature. By changing our lifestyle and creating consciousness, it can help in well being. Let us work towards adopting an International Yoga Day."

(b)Conduction, Guest details, Activity

Conduction:

The event was arranged by Prof. R. A. Binayke, Faculty Member and conducted by Miss Vaishnavi Deshmukh ,Student, SE Class, Civil engineering department, ICOER Wagholi.

Activity:

Event commenced and introduced by Prof. R.A.Binayke and later session was hand overed to Miss Vaishnavi Deshmukh for Yoga performances. She performed different Yoga Asanas and explained benefits of those asanas through online platform. After her performance appreciation for this event done by the Dr. R. S. Deshpande, Principal and HoD Civil Engg Department. At last vote of thanks delivered and session was concluded by Prof. R. A. Binayke , Faculty, Civil Engg. Department, ICOER.

(c)Students & Faculty response & participation:

All members participation was very enthusiastic and full of energy. Faculties of Civil Engg Department and other department also present for this session. In the session nearly 80 participants have been performed Yoga Asanas. The session was full of students and faculty members. The attendee's enjoyed the whole event till end.

Sign

Name: Prof. R.A Binayke

Faculty Coordinator

Sign

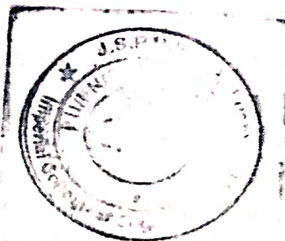
Name: Prof. P. G. Bongale

Event Representative

Sign

Name: Dr. N.

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**Hon'ble Fr. Rushmi
Sawant Director JSPM
(JSSM Group)**

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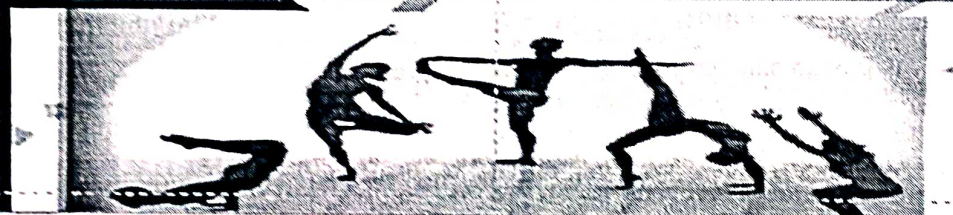
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**Hon'ble Fr. Rushmi
Sawant (JSPM Group)**

"ONLINE YOGA DAY CELEBRATION"

21-6-2021



YOGA: A WAY OF CONNECTING YOUR BODY TO THE SOUL!

THEME

'Yoga Day is 'Yoga for Well-Being'
and how the practice of Yoga can
promote the holistic health of
every individual'

SCHEDULE

Civil Engineering Department

- ❖ 21-06-2021
- ❖ 7:20am
- ❖ Links will be sent to respective
Groups

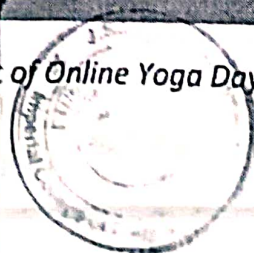
EVENT INCHARGE
PROF. RENUKA BINAYAKE
823771077

EVENT COORDINATOR
MISS VAISHNAVI DESHMUKH (SECIVIL)
9049999034

DR.N.V KHADAKE
HEAD OF DEPARTMENT

DR.R.S.DESHPANDE
PRINCIPAL

Flyer of the event of Online Yoga Day Celebration





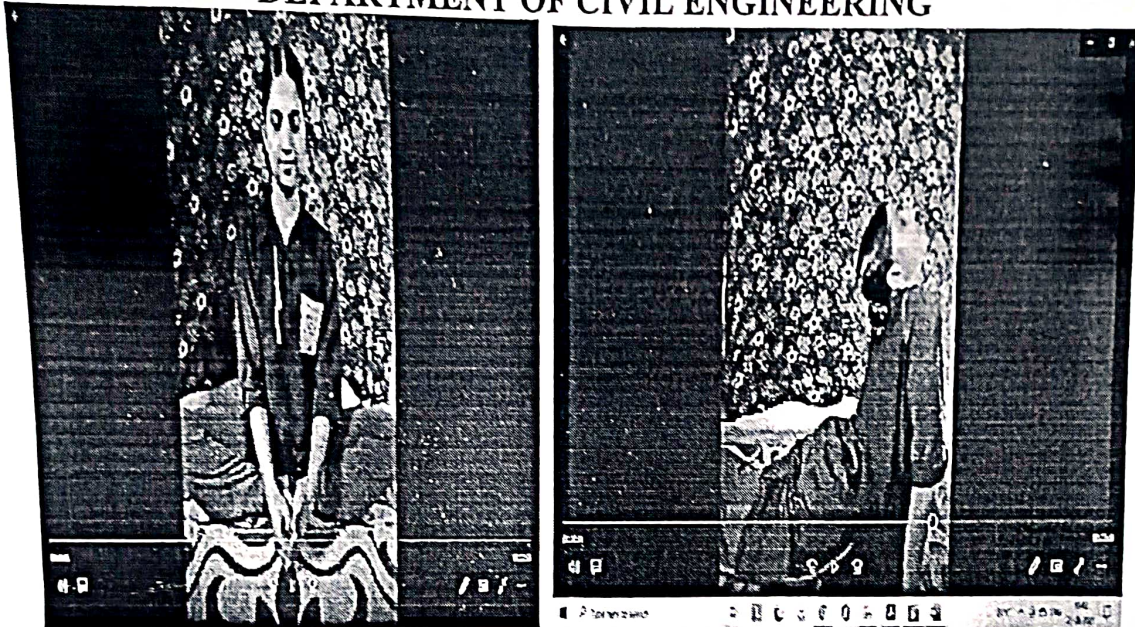
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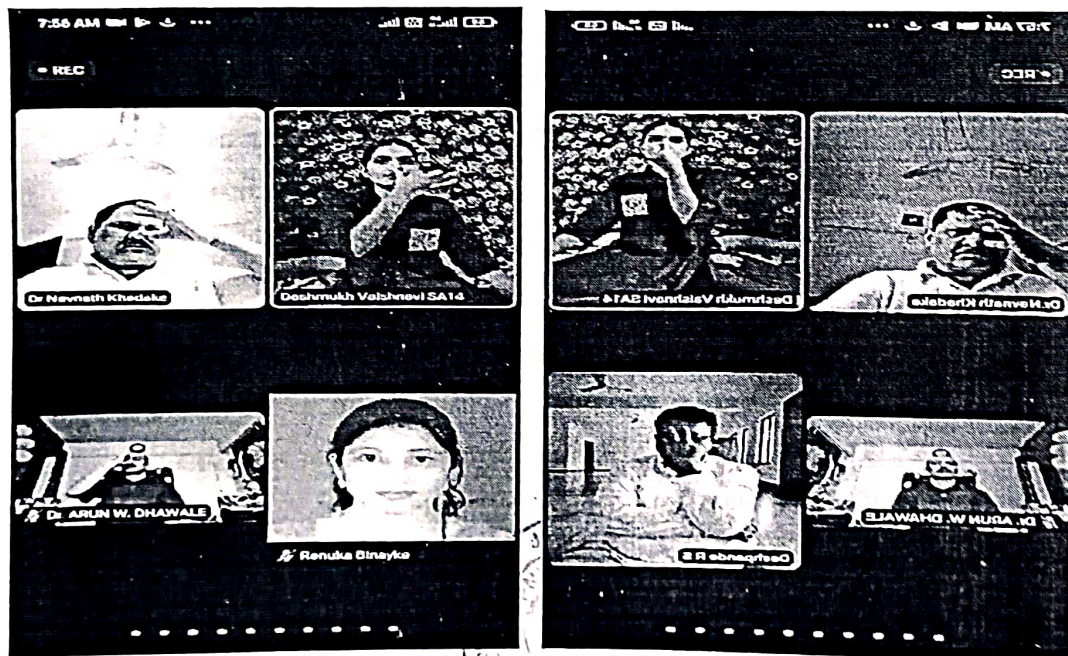
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Yoga performances of Miss Vaishnavi Deshmukh on zoom Platform



Participants are performing Yoga Asanas



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7:31 63%

Close

Participants (74)

- SM Snehal Mohite
- SA sujata Achawale
- S Sumeet Khirade
- Supriya Nalawade
- SP Suryawanshi Pramod SEA56
- SA Sutar Ashish SB 72
- Swapnil Supe
- S Sweta Singh TE B - 64
- TA TE A 01 Mayuri Bedarkar
- TE A 73 Vijay joshi
- TE-C 56 KSHITIJ DEVDHAR
- Twinkal Bagde (TE-B-01)
- V Varsha Shelke BE C29
- Vhankade Ganesh SB76

Invite

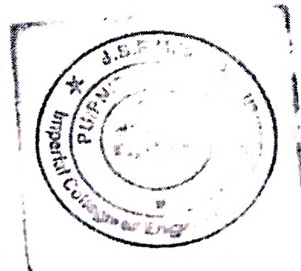
7:31 63%

All code Jew wholes... Saree, nighties, all direct from...
Swapnil Supe

- S Sweta Singh TE B - 64
- TA TE A 01 Mayuri Bedarkar
- TE A 73 Vijay joshi
- TE-C 56 KSHITIJ DEVDHAR
- Twinkal Bagde (TE-B-01)
- V Varsha Shelke BE C29
- Vhankade Ganesh SB76
- Vhatte Vaishnavi TEB 51
- V Vijaykumar Bhusare
- VR Vishal Ratnaparkhe (TE-B-53)
- YOGESH POUL
- Yogesh Bajgude TEC 01
- A

Invite

Attendance of Participants



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